

The 114th Congress Guide to Hunger and Federal Nutrition Programs

Nearly 49 million Americans – 15.9% of the population – are struggling with hunger today. That equates to one out of every seven households and affects over 16 million children. Hunger impacts our nation’s health, education, and even our national security. It is so widespread across America that no district is unaffected. This is not a partisan issue; it is an American issue that can only be solved if policymakers work together.

The factors, policies and programs affecting hunger in America are complex, and we want to ensure that you have the information you need at your fingertips to make informed decisions.

As members of the House Hunger Caucus we have prepared a *Guide to Domestic Hunger and Federal Nutrition Programs*. The [resources below](#) serve to help Members and their staff understand hunger and food insecurity in their own districts, as well as the federal safety net programs currently in place to help. This resource was an effort between our offices and national anti-hunger organizations, and includes:

- **Hunger and food security data** for your district and state;
- **National hunger data** to give you a sense of the big picture problems at hand;
- **Stories from “Witnesses to Hunger”**, food insecure parents who share their struggles – to highlight the real-world, day-to-day impact of hunger;
- **An overview of the nutrition safety net**, the federal nutrition programs that weave together to lift people out of poverty and ensure our most vulnerable have the nutrition necessary to survive and thrive;
- **Congressional Research Service reports on Child Nutrition Programs** to help inform you about the programs as we approach Child Nutrition reauthorization;
- **Background on the Supplemental Nutrition Assistance Program (SNAP)**, the backbone of our nutrition safety net for families and individuals;
- A brief introduction to how **food banks** help;
- **A list of non-governmental organizations** involved in these efforts here in the Capitol and across the nation;
- **A list of some the U.S.-based organizations involved in global food security efforts** as hunger is certainly a global issue;
- Information on hunger and **faith-based organizations**; and
- Information on **hunger and its implications for the military and our national security**.

We hope you find this resource helpful and urge you to join us in our effort to eradicate hunger in America. We truly believe it can be done.

Sincerely,

Rosa L. DeLauro, Member, House Appropriations Agriculture Subcommittee
Sam Farr, Ranking Member, House Appropriations Agriculture Subcommittee
James McGovern, Congressional Hunger Caucus Co-Chair
Lynn Jenkins, Congressional Hunger Caucus Co-Chair
Paul Tonko, Member of Congress
Barbara Lee, Member of Congress
Jan Schakowsky, Member of Congress
Grace Meng, Member of Congress
Mark Pocan, Member of Congress
Michelle Lujan Grisham, Member of Congress

The 114th Congress
GUIDE TO HUNGER AND FEDERAL NUTRITION PROGRAMS
6/22/2015

1. Food Security Data

- [State, District, & County Food Security Data](#)

2. National Food Security Data

- [America's Meal Gap](#)
- [Charitable Food Distribution in the United States](#)

3. Hunger-Free Communities

- [Witnesses to Hunger](#)

4. Overview of Federal Programs

- [Mapping the World of Nutrition](#)
- [CRS Summary Domestic Food Assistance](#)
- [Elder Nutrition Program](#)

5. Child Nutrition Programs

- [CRS Summary of School Meals Programs & Other USDA Child Nutrition Programs](#)
- [School Nutrition Standards](#)
- [CRS: Background for Reauthorization of WIC](#)
- [Facts on Healthy School Meals](#)
- [USDA Healthy, Hunger-Free Kids Act School Meals Implementation](#)

6. Supplemental Nutrition Assistance Program (SNAP)

- [CRS Summary of SNAP and Related Nutrition Provisions of the 2014 Farm Bill](#)
- [Feeding America: SNAP](#)
- [SNAP is Effective and Efficient](#)

7. Hunger and Nutrition in the News

- [The Washington Post: Hungering for a New Month to Begin](#)
- [The Washington Post: SNAP Participation](#)
- [The Washington Post: Driving Away Hunger](#)
- [The Washington Post: Too Much of Too Little](#)
- [The Washington Post: Waiting for the 8th](#)
- [MS Magazine: Playing Games with Hunger](#)

8. Hunger and Our Military

- [Too Fat to Fight](#)
- [Hungry Heroes: 25 Percent of Military Families Seek Food Aid](#)

9. Hunger and Faith

- [Pope Francis addresses the Food and Agriculture Organization's International Nutrition Conference](#)

10. Nutrition and Hunger National Organizations

- [1,000 Days](#)
- [Academy of Nutrition and Dietetics](#)
- [American Federation of State, County and Municipal Employees](#)
- [Catholic Relief Services: Stop Hunger Now](#)
- [Center for Hunger-Free Communities](#)
- [Center on Budget and Policy Priorities](#)
- [Center for Science in the Public Interest](#)
- [Children's Alliance](#)
- [Children's Defense Fund](#)
- [Congressional Hunger Center](#)
- [Feeding America](#)
- [Food and Research Action Center](#)
- [Food Policy Action](#)
- [Meals on Wheels Association](#)
- [National Anti-Hunger Organizations](#)
- [Network Education Program](#)
- [Nourish America](#)
- [Oxfam America](#)
- [Pew: Kids Safe and Healthful Food Project](#)
- [RESULTS](#)
- [Share Our Strength \(No Kid Hungry\)](#)
- [The Alliance to End Hunger](#)
- [The End Hunger Network](#)
- [WHY Hunger](#)
- [WIC Association](#)
- [Witnesses to Hunger](#)
- [World Food Program USA](#)

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